

Theme Challenge

Show movement with curves, irregular shapes, color gradation, ect.

Perimeter 250” or less

Must include:

- Shades of blues into purples
- Pieced piano keys (black & white or other colors)
- Musical Notes (either printed on fabric, pieced or appliqued)
- Must be original design (no panels - no kits)

Quilt Challenge

Fidget Quilt: Small sensory-focused lap quilts designed with varied textures, fabrics and secured attachments like buttons, zippers and ribbons.

Fidget Quilts are used to soothe, calm and engage the restless hands of individuals with Alzheimer’s.

- Size: 17” x 21” to cover the lap without being overwhelming.
- Tactile Textiles: Incorporate diverse materials such as velvet, satin, corduroy, wool, fleece and/or faux fur for sensory input.
- Attached Elements: Securely attach items such as zippers, buttons, ribbons, lace, buckles and/or pockets.
- Everything must be washable.
- Fidget Quilts may be sewn with right sides together (wrong side out) then turned right side out, or may be quilted and bound.

All Fidget Quilts will be donated to Alzheimer’s Patients after Quilt Show.

